

Slovenská plavecká federácia  
Stredoslovenský oblastný plavecký zväz ([www.ssopz.sk](http://www.ssopz.sk))  
a  
**Plavecký klub Banská Štiavnica**

**Jesenné  
Majstrovstvá  
stredoslovenskej  
oblasti  
žiakov A, B,  
juniorov a seniorov  
v plávaní jednotlivcov  
„dlhé trate“**

**Miesto:** Krytá plaváreň Banská Štiavnica  
**Bazén:** 25m / 5 dráh, obrátky hladké  
**Dátum:** 20.10.2012, začiatok pretekov o 09.00 hod.  
**Teplota vody:** 26,5°C  
**Teplota vzduchu:** 28°C  
**Hlavný rozhodca:** Ján Čamaj, III.

Všetky časy boli merané digitálnymi stopkami.

Konané v: Banská Štiavnica

Dátum: 20.10.2011

Bazén: 25 m/5 dráh

## ROZHODCOVSKÝ ZBOR

	<i>Meno a priezvisko</i>	trieda	podpis
Riaditeľ pretekov	: Marian Adamský	1	_____
Hlavný časomerač	: Michal Kán	2	_____
Štartér	: Peter Barančok	2	_____
Hlavný cieľový rozhodca	: Radislav Vičan	1	_____
Plavecký spôsob	:		_____
Pomocný štartér	: Monika Maruniaková	1	_____
Cieľový rozhodca	L: _____		_____
	P: _____		_____
Časomerači	D1: Marian Adamský	1	_____
	D2: Tomáš Adamjak	1	_____
	D3: Zuzana Šnajderová	1	_____
	D4: Edita Pavlíková	1	_____
	D5: Daniela Krajčovičová	1	_____
	D6: _____		_____
	D7: _____		_____
	D8: _____		_____
Náhradní časomerači	: Gustáv Konečný	3	_____
	: Martina Bartková	2	_____
Hlavný obrátkový	: Ján Štajer	2	_____
Obrátkoví rozhodcovia	D1: Darina Gazdová	2	_____
	D2: Renata Hriňáková	1	_____
	D3: _____		_____
	D4: Igor Benčaj	2	_____
	D5: _____		_____
	D6: _____		_____
Výsledky-počítač	: Michal Kán	2	_____
ŠTK	: Michal Kán	2	_____
Elektrická časomiera	:		_____
Hlásateľ	: Ľubomír Tenkel		_____
Diplomy	: Michal Kán	2	_____
Lekár	: MUDr. Diana Berlanská		_____
Vedúci protokolu	:		_____
Hospodár	: Blanka Čamajová	1	_____
	:		_____
Hlavný rozhodca	: Čamaj Ján	3	_____

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 1  
20.10.12

muži, 800m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.			Ro .			as	body	
<b>15 ro . a st.</b>								
1.	Podhorský Samuel		96	PK Martin		<b>9:16.57</b>	505	
	50m: 30.09	30.09	250m: 2:48.39	34.94	450m: 5:10.30	35.13	650m: 7:31.71	34.95
	100m: 1:04.12	34.03	300m: 3:24.06	35.67	500m: 5:45.86	35.56	700m: 8:07.37	35.66
	150m: 1:38.76	34.64	350m: 3:59.63	35.57	550m: 6:21.44	35.58	750m: 8:43.31	35.94
	200m: 2:13.45	34.69	400m: 4:35.17	35.54	600m: 6:56.76	35.32	800m: 9:16.57	33.26
2.	Jantoš Roman		97	PO Ružomberok		<b>9:26.84</b>	478	
	50m: 30.31	30.31	250m: 2:48.38	34.92	450m: 5:11.31	35.16	650m: 7:37.81	36.93
	100m: 1:04.18	33.87	300m: 3:24.34	35.96	500m: 5:48.10	36.79	700m: 8:14.12	36.31
	150m: 1:38.99	34.81	350m: 4:00.13	35.79	550m: 6:24.30	36.20	750m: 8:50.11	35.99
	200m: 2:13.46	34.47	400m: 4:36.15	36.02	600m: 7:00.88	36.58	800m: 9:26.84	36.73
3.	Adamský Marian		94	PK Banská Štiavnica		<b>9:59.42</b>	404	
	50m: 30.88	30.88	250m: 2:54.54	37.44	450m: 5:27.41	38.29	650m: 8:04.50	39.12
	100m: 1:05.48	34.60	300m: 3:32.09	37.55	500m: 6:06.01	38.60	700m: 8:43.00	38.50
	150m: 1:41.33	35.85	350m: 4:10.45	38.36	550m: 6:45.48	39.47	750m: 9:21.38	38.38
	200m: 2:17.10	35.77	400m: 4:49.12	38.67	600m: 7:25.38	39.90	800m: 9:59.42	38.04
4.	Longauer Jakub		97	PK Banská Štiavnica		<b>10:55.20</b>	309	
	50m: 35.30	35.30	250m: 3:18.26	42.13	450m: 6:08.03	42.17	650m: 8:54.54	41.30
	100m: 1:14.76	39.46	300m: 4:01.46	43.20	500m: 6:50.98	42.95	700m: 9:37.58	43.04
	150m: 1:55.44	40.68	350m: 4:43.70	42.24	550m: 7:32.49	41.51	750m: 10:17.97	40.39
	200m: 2:36.13	40.69	400m: 5:25.86	42.16	600m: 8:13.24	40.75	800m: 10:55.20	37.23
<b>13 - 14 ro .</b>								
1.	Štefánik Vladimír		98	Nereus Žilina		<b>9:10.26</b>	523	
	50m: 30.35	30.35	250m: 2:45.33	34.50	450m: 5:06.29	35.48	650m: 7:28.30	35.53
	100m: 1:03.40	33.05	300m: 3:20.28	34.95	500m: 5:41.81	35.52	700m: 8:03.98	35.68
	150m: 1:37.07	33.67	350m: 3:55.56	35.28	550m: 6:17.24	35.43	750m: 8:38.48	34.50
	200m: 2:10.83	33.76	400m: 4:30.81	35.25	600m: 6:52.77	35.53	800m: 9:10.26	31.78
2.	Gordík Jakub		98	PK Martin		<b>9:33.74</b>	461	
	50m: 31.38	31.38	250m: 2:53.91	36.26	450m: 5:19.24	36.63	650m: 7:46.27	36.37
	100m: 1:06.14	34.76	300m: 3:30.05	36.14	500m: 5:55.76	36.52	700m: 8:22.82	36.55
	150m: 1:41.70	35.56	350m: 4:06.43	36.38	550m: 6:32.39	36.63	750m: 8:59.30	36.48
	200m: 2:17.65	35.95	400m: 4:42.61	36.18	600m: 7:09.90	37.51	800m: 9:33.74	34.44
3.	Bartáky David		99	Nereus Žilina		<b>10:02.66</b>	398	
	50m: 32.42	32.42	250m: 3:01.74	37.94	450m: 5:34.18	38.00	650m: 8:08.01	38.69
	100m: 1:08.80	36.38	300m: 3:39.81	38.07	500m: 6:12.68	38.50	700m: 8:46.70	38.69
	150m: 1:46.11	37.31	350m: 4:17.91	38.10	550m: 6:50.54	37.86	750m: 9:24.91	38.21
	200m: 2:23.80	37.69	400m: 4:56.18	38.27	600m: 7:29.32	38.78	800m: 10:02.66	37.75
4.	ernek Adam		99	PK Martin		<b>10:05.36</b>	393	
	50m: 32.16	32.16	250m: 3:01.64	38.32	450m: 5:37.22	38.58	650m: 8:13.54	39.35
	100m: 1:08.58	36.42	300m: 3:40.17	38.53	500m: 6:16.54	39.32	700m: 8:52.10	38.56
	150m: 1:45.67	37.09	350m: 4:18.91	38.74	550m: 6:54.97	38.43	750m: 9:30.38	38.28
	200m: 2:23.32	37.65	400m: 4:58.64	39.73	600m: 7:34.19	39.22	800m: 10:05.36	34.98
5.	Fojtík Matej		99	PK Martin		<b>10:06.65</b>	390	
	50m: 32.19	32.19	250m: 3:04.49	39.05	450m: 5:40.45	38.87	650m: 8:15.60	38.65
	100m: 1:09.55	37.36	300m: 3:43.17	38.68	500m: 6:19.37	38.92	700m: 8:54.33	38.73
	150m: 1:47.66	38.11	350m: 4:22.18	39.01	550m: 6:58.12	38.75	750m: 9:32.06	37.73
	200m: 2:25.44	37.78	400m: 5:01.58	39.40	600m: 7:36.95	38.83	800m: 10:06.65	34.59
6.	Hlavaj Silvester		99	MPK Dolný Kubín		<b>11:19.77</b>	277	
	50m: 35.58	35.58	250m: 3:24.52	43.27	450m: 6:18.89	44.03	650m: 9:12.89	42.94
	100m: 1:16.42	40.84	300m: 4:07.93	43.41	500m: 7:02.09	43.20	700m: 9:56.89	44.00
	150m: 1:58.81	42.39	350m: 4:50.75	42.82	550m: 7:45.25	43.16	750m: 10:40.01	43.12
	200m: 2:41.25	42.44	400m: 5:34.86	44.11	600m: 8:29.95	44.70	800m: 11:19.77	39.76

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 1, žiaci, 800m vo ný spôsob, 13 - 14 ro .

por.			Ro .							as	body	
7.	Ftá ik Samuel		98	Nereus Žilina						<b>12:09.16</b>	224	
	50m:	36.66	36.66	250m:	3:33.24	46.58	450m:	6:43.64	47.11	650m:	9:55.27	48.06
	100m:	1:17.55	40.89	300m:	4:20.64	47.40	500m:	7:31.50	47.86	700m:	10:40.98	45.71
	150m:	2:01.90	44.35	350m:	5:08.38	47.74	550m:	8:19.19	47.69	750m:	11:25.82	44.84
	200m:	2:46.66	44.76	400m:	5:56.53	48.15	600m:	9:07.21	48.02	800m:	12:09.16	43.34
8.	Vojtek Miloš		98	Nereus Žilina						<b>12:51.26</b>	190	
	50m:	37.08	37.08	250m:	3:47.16	49.62	450m:	7:08.06	49.86	650m:	10:28.95	49.92
	100m:	1:21.32	44.24	300m:	4:38.22	51.06	500m:	7:58.86	50.80	700m:	11:19.19	50.24
	150m:	2:08.13	46.81	350m:	5:28.16	49.94	550m:	8:48.41	49.55	750m:	12:07.67	48.48
	200m:	2:57.54	49.41	400m:	6:18.20	50.04	600m:	9:39.03	50.62	800m:	12:51.26	43.59
9.	Li ko Matej		99	PK Martin						<b>13:19.86</b>	170	
	50m:	41.14	41.14	250m:	4:00.75	51.18	450m:	7:24.86	50.61	650m:	10:49.57	50.71
	100m:	1:30.04	48.90	300m:	4:51.37	50.62	500m:	8:16.29	51.43	700m:	11:41.72	52.15
	150m:	2:18.23	48.19	350m:	5:41.13	49.76	550m:	9:07.51	51.22	750m:	12:34.63	52.91
	200m:	3:09.57	51.34	400m:	6:34.25	53.12	600m:	9:58.86	51.35	800m:	13:19.86	45.23

11 - 12 ro .

1.	Hrabovský Adam		00	PK Martin						<b>10:06.32</b>	391	
	50m:	33.46	33.46	250m:	3:04.26	38.16	450m:	5:40.53	38.83	650m:	8:15.10	37.94
	100m:	1:10.43	36.97	300m:	3:43.10	38.84	500m:	6:19.13	38.60	700m:	8:53.04	37.94
	150m:	1:47.82	37.39	350m:	4:22.48	39.38	550m:	6:58.23	39.10	750m:	9:31.10	38.06
	200m:	2:26.10	38.28	400m:	5:01.70	39.22	600m:	7:37.16	38.93	800m:	10:06.32	35.22
2.	Kraus Martin		00	PK Martin						<b>11:14.51</b>	284	
	50m:	37.51	37.51	250m:	3:24.78	41.70	450m:	6:17.23	43.62	650m:	9:11.45	43.32
	100m:	1:19.16	41.65	300m:	4:06.91	42.13	500m:	7:01.16	43.93	700m:	9:54.79	43.34
	150m:	2:01.24	42.08	350m:	4:50.23	43.32	550m:	7:44.75	43.59	750m:	10:36.40	41.61
	200m:	2:43.08	41.84	400m:	5:33.61	43.38	600m:	8:28.13	43.38	800m:	11:14.51	38.11
3.	Karkuš Alex		00	Delfín Žiar nad Hronom						<b>11:38.95</b>	255	
	50m:	36.33	36.33	250m:	3:32.24	44.87	450m:	6:33.80	45.21	650m:	9:30.31	43.62
	100m:	1:19.36	43.03	300m:	4:17.46	45.22	500m:	7:18.30	44.50	700m:	10:14.44	44.13
	150m:	2:02.86	43.50	350m:	5:03.38	45.92	550m:	8:02.18	43.88	750m:	10:58.21	43.77
	200m:	2:47.37	44.51	400m:	5:48.59	45.21	600m:	8:46.69	44.51	800m:	11:38.95	40.74
4.	Hálka Samuel		00	Nereus Žilina						<b>11:40.84</b>	253	
	50m:	36.90	36.90	250m:	3:32.42	44.00	450m:	6:34.28	45.16	650m:	9:33.70	43.72
	100m:	1:19.99	43.09	300m:	4:18.30	45.88	500m:	7:19.51	45.23	700m:	10:18.41	44.71
	150m:	2:03.78	43.79	350m:	5:04.10	45.80	550m:	8:05.33	45.82	750m:	11:02.72	44.31
	200m:	2:48.42	44.64	400m:	5:49.12	45.02	600m:	8:49.98	44.65	800m:	11:40.84	38.12
5.	Michlík Daniel		00	Nereus Žilina						<b>11:53.65</b>	239	
	50m:	38.41	38.41	250m:	3:35.82	46.08	450m:	6:39.00	45.53	650m:	9:42.25	45.70
	100m:	1:20.78	42.37	300m:	4:22.38	46.56	500m:	7:25.26	46.26	700m:	10:28.72	46.47
	150m:	2:04.76	43.98	350m:	5:08.10	45.72	550m:	8:10.25	44.99	750m:	11:13.72	45.00
	200m:	2:49.74	44.98	400m:	5:53.47	45.37	600m:	8:56.55	46.30	800m:	11:53.65	39.93
6.	Daru a Tomáš		00	PK Martin						<b>12:15.72</b>	218	
	50m:	39.84	39.84	250m:	3:44.82	47.72	450m:	6:54.12	46.76	650m:	10:01.32	46.56
	100m:	1:25.16	45.32	300m:	4:32.82	48.00	500m:	7:40.91	46.79	700m:	10:48.46	47.14
	150m:	2:11.38	46.22	350m:	5:19.82	47.00	550m:	8:27.89	46.98	750m:	11:34.18	45.72
	200m:	2:57.10	45.72	400m:	6:07.36	47.54	600m:	9:14.76	46.87	800m:	12:15.72	41.54
7.	Ernek Šimon		00	PK Banská Štiavnica						<b>12:22.54</b>	212	
	50m:	37.98	37.98	250m:	3:43.20	46.30	450m:	6:53.18	47.59	650m:	10:03.42	47.48
	100m:	1:23.20	45.22	300m:	4:30.52	47.32	500m:	7:39.29	46.11	700m:	10:50.99	47.57
	150m:	2:09.17	45.97	350m:	5:18.17	47.65	550m:	8:27.27	47.98	750m:	11:38.58	47.59
	200m:	2:56.90	47.73	400m:	6:05.59	47.42	600m:	9:15.94	48.67	800m:	12:22.54	43.96
8.	Šabík Patrik		01	PK Žabka adca						<b>12:42.31</b>	196	
	50m:	40.90	40.90	250m:	3:55.36	49.04	450m:	7:10.25	47.07	650m:	10:22.03	48.14
	100m:	1:28.27	47.37	300m:	4:44.51	49.15	500m:	7:58.74	48.49	700m:	11:11.38	49.35
	150m:	2:16.58	48.31	350m:	5:33.05	48.54	550m:	8:47.01	48.27	750m:	11:58.86	47.48
	200m:	3:06.32	49.74	400m:	6:23.18	50.13	600m:	9:33.89	46.88	800m:	12:42.31	43.45

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 1, žiaci, 800m vo ný spôsob, 11 - 12 ro .

por.			Ro .					as	body
9.	Aneščík Samuel		01	FLIPPER Brezno				<b>14:03.75</b>	145
	50m:	42.67 42.67	250m:	4:10.77 54.03	450m:	7:49.53 55.38	650m:	11:30.85 55.78	
	100m:	1:32.32 49.65	300m:	5:04.64 53.87	500m:	8:45.01 55.48	700m:	12:24.25 53.40	
	150m:	2:23.85 51.53	350m:	5:58.09 53.45	550m:	9:40.46 55.45	750m:	13:16.09 51.84	
	200m:	3:16.74 52.89	400m:	6:54.15 56.06	600m:	10:35.07 54.61	800m:	14:03.75 47.66	
10.	Ševík Matúš		00	MPK Dolný Kubín				<b>14:18.30</b>	137
	50m:	44.55 44.55	250m:	4:20.38 55.04	450m:	8:00.11 56.07	650m:	11:40.18 55.66	
	100m:	1:36.62 52.07	300m:	5:15.11 54.73	500m:	8:54.38 54.27	700m:	12:35.52 55.34	
	150m:	2:30.98 54.36	350m:	6:09.35 54.24	550m:	9:49.91 55.53	750m:	13:28.14 52.62	
	200m:	3:25.34 54.36	400m:	7:04.04 54.69	600m:	10:44.52 54.61	800m:	14:18.30 50.16	

disciplína 2  
20.10.12

ženy, 800m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.			Ro .					as	body
15 ro . a st.									
1.	Rizmanová Rebeka		95	PK Martin				<b>10:18.68</b>	480
	50m:	32.48 32.48	250m:	3:04.41 38.69	450m:	5:40.98 39.46	650m:	8:19.88 39.90	
	100m:	1:09.47 36.99	300m:	3:43.21 38.80	500m:	6:20.41 39.43	700m:	8:59.41 39.53	
	150m:	1:47.09 37.62	350m:	4:22.35 39.14	550m:	7:00.18 39.77	750m:	9:38.77 39.36	
	200m:	2:25.72 38.63	400m:	5:01.52 39.17	600m:	7:39.98 39.80	800m:	10:18.68 39.91	
2.	Maruniaková Monika		96	PK Banská Štiavnica				<b>10:26.99</b>	461
	50m:	33.95 33.95	250m:	3:10.40 39.70	450m:	5:50.04 40.38	650m:	8:30.66 40.15	
	100m:	1:12.22 38.27	300m:	3:50.06 39.66	500m:	6:30.64 40.60	700m:	9:10.67 40.01	
	150m:	1:51.08 38.86	350m:	4:29.62 39.56	550m:	7:10.53 39.89	750m:	9:50.16 39.49	
	200m:	2:30.70 39.62	400m:	5:09.66 40.04	600m:	7:50.51 39.98	800m:	10:26.99 36.83	
3.	Štajerová Alžbeta		97	MPK Dolný Kubín				<b>11:00.22</b>	395
	50m:	34.88 34.88	250m:	3:17.55 41.22	450m:	6:05.74 42.01	650m:	8:54.44 42.54	
	100m:	1:14.42 39.54	300m:	3:59.33 41.78	500m:	6:47.63 41.89	700m:	9:37.67 43.23	
	150m:	1:55.42 41.00	350m:	4:41.38 42.05	550m:	7:29.91 42.28	750m:	10:19.86 42.19	
	200m:	2:36.33 40.91	400m:	5:23.73 42.35	600m:	8:11.90 41.99	800m:	11:00.22 40.36	
4.	Kubincová Michaela		97	Nereus Žilina				<b>11:10.60</b>	377
	50m:	35.63 35.63	250m:	3:20.20 41.63	450m:	6:11.75 42.98	650m:	9:03.11 42.01	
	100m:	1:15.54 39.91	300m:	4:02.23 42.03	500m:	6:53.53 41.78	700m:	9:46.66 43.55	
	150m:	1:56.76 41.22	350m:	4:45.23 43.00	550m:	7:37.33 43.80	750m:	10:29.94 43.28	
	200m:	2:38.57 41.81	400m:	5:28.77 43.54	600m:	8:21.10 43.77	800m:	11:10.60 40.66	
5.	Danišková Lucia		97	Nereus Žilina				<b>12:09.91</b>	292
	50m:	40.80 40.80	250m:	3:42.80 46.78	450m:	6:46.84 46.06	650m:	9:55.95 47.44	
	100m:	1:25.00 44.20	300m:	4:28.61 45.81	500m:	7:33.38 46.54	700m:	10:42.91 46.96	
	150m:	2:10.04 45.04	350m:	5:14.89 46.28	550m:	8:20.88 47.50	750m:	11:29.01 46.10	
	200m:	2:56.02 45.98	400m:	6:00.78 45.89	600m:	9:08.51 47.63	800m:	12:09.91 40.90	
6.	Šnajderová Zuzana		97	Nereus Žilina				<b>13:40.53</b>	205
	50m:	40.51 40.51	250m:	4:01.72 51.74	450m:	7:29.58 52.45	650m:	11:03.53 53.46	
	100m:	1:28.19 47.68	300m:	4:53.00 51.28	500m:	8:23.42 53.84	700m:	11:56.51 52.98	
	150m:	2:18.56 50.37	350m:	5:44.97 51.97	550m:	9:16.58 53.16	750m:	12:49.30 52.79	
	200m:	3:09.98 51.42	400m:	6:37.13 52.16	600m:	10:10.07 53.49	800m:	13:40.53 51.23	

13 - 14 ro .

1.	Zahradníková Sophie		98	PO Ružomberok				<b>9:43.62</b>	572
	50m:	31.70 31.70	250m:	2:58.02 37.15	450m:	5:27.14 37.33	650m:	7:55.92 36.94	
	100m:	1:07.31 35.61	300m:	3:35.87 37.85	500m:	6:04.26 37.12	700m:	8:32.64 36.72	
	150m:	1:43.74 36.43	350m:	4:12.96 37.09	550m:	6:41.31 37.05	750m:	9:09.49 36.85	
	200m:	2:20.87 37.13	400m:	4:49.81 36.85	600m:	7:18.98 37.67	800m:	9:43.62 34.13	

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 2, žia ky, 800m vo ný spôsob, 13 - 14 ro .

por.			Ro .					as	body
2.	Mižúrová Patrícia		99	PK Martin				<b>10:07.96</b>	506
	50m:	31.59 31.59	250m:	3:02.97 38.74	450m:	5:37.50 38.82	650m:	8:14.34 39.79	
	100m:	1:08.26 36.67	300m:	3:41.72 38.75	500m:	6:16.38 38.88	700m:	8:54.10 39.76	
	150m:	1:45.96 37.70	350m:	4:20.36 38.64	550m:	6:55.44 39.06	750m:	9:32.34 38.24	
	200m:	2:24.23 38.27	400m:	4:58.68 38.32	600m:	7:34.55 39.11	800m:	10:07.96 35.62	
3.	Rusková Marianna		99	PO Ružomberok				<b>10:37.10</b>	439
	50m:	35.30 35.30	250m:	3:13.63 41.01	450m:	5:56.04 40.56	650m:	8:40.54 40.92	
	100m:	1:13.40 38.10	300m:	3:54.34 40.71	500m:	6:36.76 40.72	700m:	9:21.39 40.85	
	150m:	1:52.57 39.17	350m:	4:34.83 40.49	550m:	7:17.67 40.91	750m:	10:00.59 39.20	
	200m:	2:32.62 40.05	400m:	5:15.48 40.65	600m:	7:59.62 41.95	800m:	10:37.10 36.51	
4.	Perinajová Barbora		98	PK Martin				<b>10:45.21</b>	423
	50m:	34.86 34.86	250m:	3:11.06 39.88	450m:	5:53.65 41.36	650m:	8:41.04 41.65	
	100m:	1:12.58 37.72	300m:	3:50.99 39.93	500m:	6:35.27 41.62	700m:	9:23.11 42.07	
	150m:	1:51.26 38.68	350m:	4:31.27 40.28	550m:	7:17.11 41.84	750m:	10:05.42 42.31	
	200m:	2:31.18 39.92	400m:	5:12.29 41.02	600m:	7:59.39 42.28	800m:	10:45.21 39.79	
5.	Lietavová Veronika		98	PK Martin				<b>11:07.56</b>	382
	50m:	39.14 39.14	250m:	3:18.93 42.07	450m:	6:09.92 42.30	650m:	9:00.09 41.59	
	100m:	1:14.54 35.40	300m:	4:01.96 43.03	500m:	6:52.80 42.88	700m:	9:44.25 44.16	
	150m:	1:55.57 41.03	350m:	4:43.50 41.54	550m:	7:39.93 47.13	750m:	10:26.41 42.16	
	200m:	2:36.86 41.29	400m:	5:27.62 44.12	600m:	8:18.50 38.57	800m:	11:07.56 41.15	
6.	Matulová Natália		98	PK Martin				<b>11:15.44</b>	369
	50m:	36.49 36.49	250m:	3:25.90 43.15	450m:	6:18.81 43.06	650m:	9:09.82 42.27	
	100m:	1:18.14 41.65	300m:	4:09.27 43.37	500m:	7:01.75 42.94	700m:	9:52.50 42.68	
	150m:	2:00.61 42.47	350m:	4:52.23 42.96	550m:	7:44.77 43.02	750m:	10:34.84 42.34	
	200m:	2:42.75 42.14	400m:	5:35.75 43.52	600m:	8:27.55 42.78	800m:	11:15.44 40.60	
7.	Aneščíková Katarína		99	FLIPPER Brezno				<b>11:18.14</b>	364
	50m:	35.53 35.53	250m:	3:23.43 43.04	450m:	6:18.82 43.92	650m:	9:12.84 43.39	
	100m:	1:16.27 40.74	300m:	4:07.27 43.84	500m:	7:02.65 43.83	700m:	9:55.92 43.08	
	150m:	1:57.88 41.61	350m:	4:51.14 43.87	550m:	7:45.90 43.25	750m:	10:38.77 42.85	
	200m:	2:40.39 42.51	400m:	5:34.90 43.76	600m:	8:29.45 43.55	800m:	11:18.14 39.37	
8.	Timková Kristína		99	Nereus Žilina				<b>11:39.82</b>	331
	50m:	36.78 36.78	250m:	3:32.68 45.08	450m:	6:33.25 46.15	650m:	9:31.58 44.91	
	100m:	1:20.22 43.44	300m:	4:17.36 44.68	500m:	7:17.48 44.23	700m:	10:17.08 45.50	
	150m:	2:03.54 43.32	350m:	5:01.91 44.55	550m:	8:01.98 44.50	750m:	11:00.42 43.34	
	200m:	2:47.60 44.06	400m:	5:47.10 45.19	600m:	8:46.67 44.69	800m:	11:39.82 39.40	
9.	Klimantová Michaela		99	PK Martin				<b>11:46.01</b>	323
	50m:	36.59 36.59	250m:	3:31.10 44.22	450m:	6:32.75 45.84	650m:	9:35.16 45.56	
	100m:	1:18.35 41.76	300m:	4:16.19 45.09	500m:	7:18.83 46.08	700m:	10:20.17 45.01	
	150m:	2:02.22 43.87	350m:	5:01.55 45.36	550m:	8:04.19 45.36	750m:	11:04.28 44.11	
	200m:	2:46.88 44.66	400m:	5:46.91 45.36	600m:	8:49.60 45.41	800m:	11:46.01 41.73	
10.	Lilge Laura		98	PK Martin				<b>12:42.94</b>	256
	50m:	39.12 39.12	250m:	3:47.83 48.98	450m:	7:03.45 49.53	650m:	10:21.64 50.42	
	100m:	1:23.36 44.24	300m:	4:36.71 48.88	500m:	7:53.08 49.63	700m:	11:10.29 48.65	
	150m:	2:10.15 46.79	350m:	5:25.66 48.95	550m:	8:42.27 49.19	750m:	11:58.54 48.25	
	200m:	2:58.85 48.70	400m:	6:13.92 48.26	600m:	9:31.22 48.95	800m:	12:42.94 44.40	
11.	Jackulíková Pavla		99	MPK Dolný Kubín				<b>12:58.76</b>	240
	50m:	41.94 41.94	250m:	3:56.15 49.12	450m:	7:12.53 49.27	650m:	10:32.69 50.36	
	100m:	1:29.90 47.96	300m:	4:44.61 48.46	500m:	8:03.31 50.78	700m:	11:22.81 50.12	
	150m:	2:18.34 48.44	350m:	5:34.13 49.52	550m:	8:52.74 49.43	750m:	12:12.35 49.54	
	200m:	3:07.03 48.69	400m:	6:23.26 49.13	600m:	9:42.33 49.59	800m:	12:58.76 46.41	
12.	Baricová Simona		99	MPK Dolný Kubín				<b>13:37.62</b>	208
	50m:	37.18 37.18	250m:	3:57.73 52.02	450m:	7:32.02 52.88	650m:	11:06.56 53.86	
	100m:	1:22.50 45.32	300m:	4:51.16 53.43	500m:	8:26.38 54.36	700m:	11:59.13 52.57	
	150m:	2:13.46 50.96	350m:	5:45.20 54.04	550m:	9:20.11 53.73	750m:	12:50.38 51.25	
	200m:	3:05.71 52.25	400m:	6:39.14 53.94	600m:	10:12.70 52.59	800m:	13:37.62 47.24	

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 2, ženy, 800m vo ný spôsob

11 - 12 ro .

1. Benková Laura		00	Nereus Žilina		<b>10:17.72</b>	482	
50m: 34.09	34.09	250m: 3:06.98	38.45	450m: 5:43.28	39.04	650m: 8:23.00	40.15
100m: 1:11.76	37.67	300m: 3:45.70	38.72	500m: 6:22.78	39.50	700m: 9:03.10	40.10
150m: 1:50.12	38.36	350m: 4:24.76	39.06	550m: 7:02.60	39.82	750m: 9:42.44	39.34
200m: 2:28.53	38.41	400m: 5:04.24	39.48	600m: 7:42.85	40.25	800m: 10:17.72	35.28
2. Žideková Lucia		00	PK Martin		<b>11:16.24</b>	367	
50m: 38.26	38.26	250m: 3:30.70	43.63	450m: 6:22.58	42.62	650m: 9:13.84	42.90
100m: 1:19.62	41.36	300m: 4:13.96	43.26	500m: 7:05.57	42.99	700m: 9:56.21	42.37
150m: 2:04.13	44.51	350m: 4:56.76	42.80	550m: 7:49.03	43.46	750m: 10:37.41	41.20
200m: 2:47.07	42.94	400m: 5:39.96	43.20	600m: 8:30.94	41.91	800m: 11:16.24	38.83
3. Macháľková Petra		00	PK Martin		<b>11:25.11</b>	353	
50m: 36.54	36.54	250m: 3:29.79	43.29	450m: 6:25.70	44.58	650m: 9:19.39	43.21
100m: 1:19.39	42.85	300m: 4:13.44	43.65	500m: 7:09.01	43.31	700m: 10:02.54	43.15
150m: 2:02.91	43.52	350m: 4:57.56	44.12	550m: 7:53.06	44.05	750m: 10:45.35	42.81
200m: 2:46.50	43.59	400m: 5:41.12	43.56	600m: 8:36.18	43.12	800m: 11:25.11	39.76
4. Záborská Miroslava		01	PK Martin		<b>11:32.65</b>	342	
50m: 39.29	39.29	250m: 3:32.51	44.20	450m: 6:30.21	44.47	650m: 9:27.21	43.34
100m: 1:20.45	41.16	300m: 4:17.00	44.49	500m: 7:15.18	44.97	700m: 10:10.59	43.38
150m: 2:04.20	43.75	350m: 5:01.82	44.82	550m: 7:59.46	44.28	750m: 10:50.72	40.13
200m: 2:48.31	44.11	400m: 5:45.74	43.92	600m: 8:43.87	44.41	800m: 11:32.65	41.93
5. Balogová Nina		00	Nereus Žilina		<b>11:40.71</b>	330	
50m: 38.64	38.64	250m: 3:35.62	45.55	450m: 6:35.46	44.72	650m: 9:34.44	44.72
100m: 1:21.94	43.30	300m: 4:20.67	45.05	500m: 7:20.10	44.64	700m: 10:19.09	44.65
150m: 2:05.79	43.85	350m: 5:05.81	45.14	550m: 8:04.66	44.56	750m: 11:03.06	43.97
200m: 2:50.07	44.28	400m: 5:50.74	44.93	600m: 8:49.72	45.06	800m: 11:40.71	37.65
6. Pekelská Viktória		00	PK Martin		<b>11:53.94</b>	312	
50m: 37.10	37.10	250m: 3:33.86	44.81	450m: 6:36.51	46.33	650m: 9:41.38	46.19
100m: 1:19.54	42.44	300m: 4:19.24	45.38	500m: 7:22.31	45.80	700m: 10:27.46	46.08
150m: 2:04.18	44.64	350m: 5:04.21	44.97	550m: 8:08.52	46.21	750m: 11:13.29	45.83
200m: 2:49.05	44.87	400m: 5:50.18	45.97	600m: 8:55.19	46.67	800m: 11:53.94	40.65
7. Loncková Zuzana		01	Nereus Žilina		<b>12:26.75</b>	273	
50m: 39.18	39.18	250m: 3:42.90	47.32	450m: 6:54.36	47.87	650m: 10:07.10	48.38
100m: 1:23.04	43.86	300m: 4:30.65	47.75	500m: 7:42.52	48.16	700m: 10:54.86	47.76
150m: 2:08.71	45.67	350m: 5:18.72	48.07	550m: 8:30.52	48.00	750m: 11:41.96	47.10
200m: 2:55.58	46.87	400m: 6:06.49	47.77	600m: 9:18.72	48.20	800m: 12:26.75	44.79
8. Brišková Viktória		00	Nereus Žilina		<b>12:34.04</b>	265	
50m: 38.92	38.92	250m: 3:49.94	49.05	450m: 7:04.89	48.11	650m: 10:16.24	48.76
100m: 1:24.86	45.94	300m: 4:38.34	48.40	500m: 7:52.92	48.03	700m: 11:06.16	49.92
150m: 2:12.15	47.29	350m: 5:26.74	48.40	550m: 8:40.82	47.90	750m: 11:54.17	48.01
200m: 3:00.89	48.74	400m: 6:16.78	50.04	600m: 9:27.48	46.66	800m: 12:34.04	39.87
9. Fedorová Alžbeta		00	MPK Dolný Kubín		<b>13:08.65</b>	231	
50m: 39.88	39.88	250m: 3:54.44	49.41	450m: 7:17.66	50.80	650m: 10:41.65	50.69
100m: 1:26.98	47.10	300m: 4:43.97	49.53	500m: 8:08.69	51.03	700m: 11:32.12	50.47
150m: 2:15.55	48.57	350m: 5:35.32	51.35	550m: 8:59.84	51.15	750m: 12:22.35	50.23
200m: 3:05.03	49.48	400m: 6:26.86	51.54	600m: 9:50.96	51.12	800m: 13:08.65	46.30
10. Potan oková Timea		00	PK Banská Štiavnica		<b>13:20.03</b>	222	
50m: 41.81	41.81	250m: 4:10.32	52.50	450m: 7:32.63	50.31	650m: 10:55.10	50.52
100m: 1:32.29	50.48	300m: 5:00.91	50.59	500m: 8:21.71	49.08	700m: 11:47.20	52.10
150m: 2:24.61	52.32	350m: 5:52.45	51.54	550m: 9:12.51	50.80	750m: 12:37.46	50.26
200m: 3:17.82	53.21	400m: 6:42.32	49.87	600m: 10:04.58	52.07	800m: 13:20.03	42.57
11. Riš ovská Michaela		01	Delfín Žiar nad Hronom		<b>14:27.79</b>	174	
50m: 42.32	42.32	250m: 4:14.58	54.77	450m: 7:57.07	55.90	650m: 11:46.39	58.60
100m: 1:31.95	49.63	300m: 5:09.34	54.76	500m: 8:53.87	56.80	700m: 12:44.45	58.06
150m: 2:25.89	53.94	350m: 6:05.17	55.83	550m: 9:50.72	56.85	750m: 13:36.01	51.56
200m: 3:19.81	53.92	400m: 7:01.17	56.00	600m: 10:47.79	57.07	800m: 14:27.79	51.78

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 3  
20.10.12

muži, 400m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.			Ro .			as	body	
<b>15 ro . a st.</b>								
1.	Podhorský Samuel		96	PK Martin		<b>4:32.73</b>	474	
	50m: 29.52	29.52	150m: 1:36.12	34.26	250m: 2:45.95	35.22	350m: 3:56.71	35.40
	100m: 1:01.86	32.34	200m: 2:10.73	34.61	300m: 3:21.31	35.36	400m: 4:32.73	36.02
2.	Jantoš Roman		97	PO Ružomberok		<b>4:35.90</b>	458	
	50m: 30.08	30.08	150m: 1:38.30	34.51	250m: 2:48.92	35.44	350m: 4:00.20	35.52
	100m: 1:03.79	33.71	200m: 2:13.48	35.18	300m: 3:24.68	35.76	400m: 4:35.90	35.70
3.	Adamský Marian		94	PK Banská Štiavnica		<b>4:44.98</b>	416	
	50m: 29.89	29.89	150m: 1:38.73	34.82	250m: 2:51.25	36.77	350m: 4:06.19	38.05
	100m: 1:03.91	34.02	200m: 2:14.48	35.75	300m: 3:28.14	36.89	400m: 4:44.98	38.79
4.	Longauer Jakub		97	PK Banská Štiavnica		<b>5:12.77</b>	314	
	50m: 32.38	32.38	150m: 1:47.16	38.41	250m: 3:07.44	40.86	350m: 4:31.41	42.04
	100m: 1:08.75	36.37	200m: 2:26.58	39.42	300m: 3:49.37	41.93	400m: 5:12.77	41.36
5.	Maruniak Miroslav		64	Dukla Banská Bystrica		<b>5:16.98</b>	302	
	50m: 30.97	30.97	150m: 1:48.82	39.37	250m: 3:10.80	41.32	350m: 4:35.86	42.54
	100m: 1:09.45	38.48	200m: 2:29.48	40.66	300m: 3:53.32	42.52	400m: 5:16.98	41.12
<b>13 - 14 ro .</b>								
1.	Gordík Jakub		98	PK Martin		<b>4:41.16</b>	433	
	50m: 30.81	30.81	150m: 1:41.07	35.54	250m: 2:53.16	36.05	350m: 4:04.23	35.90
	100m: 1:05.53	34.72	200m: 2:17.11	36.04	300m: 3:28.33	35.17	400m: 4:41.16	36.93
2.	Fojtík Matej		99	PK Martin		<b>4:53.92</b>	379	
	50m: 32.80	32.80	150m: 1:47.46	37.97	250m: 3:02.96	38.03	350m: 4:19.57	38.06
	100m: 1:09.49	36.69	200m: 2:24.93	37.47	300m: 3:41.51	38.55	400m: 4:53.92	34.35
3.	ernek Adam		99	PK Martin		<b>5:09.09</b>	326	
	50m: 31.59	31.59	150m: 1:48.34	38.92	250m: 3:09.11	40.06	350m: 4:30.92	40.80
	100m: 1:09.42	37.83	200m: 2:29.05	40.71	300m: 3:50.12	41.01	400m: 5:09.09	38.17
4.	Kužma Jakub		99	Nereus Žilina		<b>5:16.00</b>	305	
	50m: 35.50	35.50	150m: 1:55.84	40.35	250m: 3:16.76	40.98	350m: 4:37.76	40.72
	100m: 1:15.49	39.99	200m: 2:35.78	39.94	300m: 3:57.04	40.28	400m: 5:16.00	38.24
5.	Hlavaj Silvester		99	MPK Dolný Kubín		<b>5:23.21</b>	285	
	50m: 35.71	35.71	150m: 1:56.84	41.57	250m: 3:20.42	41.39	350m: 4:43.51	41.02
	100m: 1:15.27	39.56	200m: 2:39.03	42.19	300m: 4:02.49	42.07	400m: 5:23.21	39.70
6.	Súkeník Adam		99	Nereus Žilina		<b>5:26.86</b>	275	
	50m: 33.84	33.84	150m: 1:53.34	40.88	250m: 3:18.88	42.79	350m: 4:43.14	40.65
	100m: 1:12.46	38.62	200m: 2:36.09	42.75	300m: 4:02.49	43.61	400m: 5:26.86	43.72
7.	Tomašec Michal		99	Nereus Žilina		<b>5:29.05</b>	270	
	50m: 36.30	36.30	150m: 1:58.39	41.90	250m: 3:24.10	43.21	350m: 4:47.93	41.42
	100m: 1:16.49	40.19	200m: 2:40.89	42.50	300m: 4:06.51	42.41	400m: 5:29.05	41.12
8.	Melicher Sebastian		99	Nereus Žilina		<b>5:31.83</b>	263	
	50m: 34.60	34.60	150m: 1:56.30	41.82	250m: 3:22.42	43.02	350m: 4:49.35	43.11
	100m: 1:14.48	39.88	200m: 2:39.40	43.10	300m: 4:06.24	43.82	400m: 5:31.83	42.48
9.	Žerjava Marek		99	Nereus Žilina		<b>5:32.44</b>	262	
	50m: 36.06	36.06	150m: 1:59.41	42.93	250m: 3:26.22	43.62	350m: 4:52.29	43.28
	100m: 1:16.48	40.42	200m: 2:42.60	43.19	300m: 4:09.01	42.79	400m: 5:32.44	40.15
10.	Li ko Matej		99	PK Martin		<b>6:25.71</b>	167	
	50m: 38.49	38.49	150m: 2:14.32	50.55	250m: 3:54.82	50.38	350m: 5:36.70	50.72
	100m: 1:23.77	45.28	200m: 3:04.44	50.12	300m: 4:45.98	51.16	400m: 6:25.71	49.01



Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 3, muži, 400m vo ný spôsob

11 - 12 ro .

1.	Hrabovský Adam	00	PK Martin	<b>4:53.91</b>	379
	50m: 32.91 32.91	150m: 1:46.97 37.13	250m: 3:02.73 38.20	350m: 4:18.98 38.16	
	100m: 1:09.84 36.93	200m: 2:24.53 37.56	300m: 3:40.82 38.09	400m: 4:53.91 34.93	
2.	Kraus Martin	00	PK Martin	<b>5:31.68</b>	263
	50m: 36.25 36.25	150m: 1:59.88 42.44	250m: 3:29.88 47.58	350m: 4:50.42 41.83	
	100m: 1:17.44 41.19	200m: 2:42.30 42.42	300m: 4:08.59 38.71	400m: 5:31.68 41.26	
3.	Karkuš Alex	00	Delfín Žiar nad Hronom	<b>5:34.44</b>	257
	50m: 34.68 34.68	150m: 1:58.34 42.22	250m: 3:26.58 43.90	350m: 4:53.56 42.93	
	100m: 1:16.12 41.44	200m: 2:42.68 44.34	300m: 4:10.63 44.05	400m: 5:34.44 40.88	
4.	Hálka Samuel	00	Nereus Žilina	<b>5:39.01</b>	247
	50m: 36.14 36.14	150m: 2:00.03 42.46	250m: 3:27.25 44.03	350m: 4:57.28 45.11	
	100m: 1:17.57 41.43	200m: 2:43.22 43.19	300m: 4:12.17 44.92	400m: 5:39.01 41.73	
5.	Michlík Daniel	00	Nereus Žilina	<b>5:39.78</b>	245
	50m: 36.59 36.59	150m: 2:03.27 43.53	250m: 3:30.78 42.97	350m: 4:58.74 44.09	
	100m: 1:19.74 43.15	200m: 2:47.81 44.54	300m: 4:14.65 43.87	400m: 5:39.78 41.04	
6.	Ernek Šimon	00	PK Banská Štiavnica	<b>6:01.15</b>	204
	50m: 37.90 37.90	150m: 2:11.62 47.66	250m: 3:46.00 48.68	350m: 5:16.76 45.36	
	100m: 1:23.96 46.06	200m: 2:57.32 45.70	300m: 4:31.40 45.40	400m: 6:01.15 44.39	
7.	Daru a Tomáš	00	PK Martin	<b>6:05.23</b>	197
	50m: 40.20 40.20	150m: 2:12.37 46.47	250m: 3:46.21 47.06	350m: 5:18.91 45.98	
	100m: 1:25.90 45.70	200m: 2:59.15 46.78	300m: 4:32.93 46.72	400m: 6:05.23 46.32	
8.	Aneščík Samuel	01	FLIPPER Brezno	<b>6:44.44</b>	145
	50m: 43.94 43.94	150m: 2:27.76 53.14	250m: 4:14.32 53.56	350m: 5:58.94 52.04	
	100m: 1:34.62 50.68	200m: 3:20.76 53.00	300m: 5:06.90 52.58	400m: 6:44.44 45.50	
9.	Ševík Matúš	00	MPK Dolný Kubín	<b>6:44.59</b>	145
	50m: 43.56 43.56	150m: 2:26.14 51.18	250m: 4:12.77 52.34	350m: 5:56.48 51.10	
	100m: 1:34.96 51.40	200m: 3:20.43 54.29	300m: 5:05.38 52.61	400m: 6:44.59 48.11	

disciplína 4  
20.10.12

ženy, 400m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.	Ro .	mas	body		
15 ro . a st.					
1.	Rizmanová Rebeka	95	PK Martin	<b>4:54.87</b>	505
	50m: 31.62 31.62	150m: 1:44.90 37.03	250m: 3:01.11 38.33	350m: 4:18.02 38.59	
	100m: 1:07.87 36.25	200m: 2:22.78 37.88	300m: 3:39.43 38.32	400m: 4:54.87 36.85	
2.	Dvonová Kristína	96	Nereus Žilina	<b>4:58.67</b>	486
	50m: 32.34 32.34	150m: 1:45.66 37.35	250m: 3:01.95 38.46	350m: 4:19.92 39.89	
	100m: 1:08.31 35.97	200m: 2:23.49 37.83	300m: 3:40.03 38.08	400m: 4:58.67 38.75	
3.	Topošká Barbora	97	Nereus Žilina	<b>5:10.14</b>	434
	50m: 32.11 32.11	150m: 1:48.60 39.45	250m: 3:09.94 40.73	350m: 4:30.98 40.13	
	100m: 1:09.15 37.04	200m: 2:29.21 40.61	300m: 3:50.85 40.91	400m: 5:10.14 39.16	
4.	Tavašová Barbora	93	Nereus Žilina	<b>5:54.43</b>	291
	50m: 37.46 37.46	150m: 2:05.16 44.36	250m: 3:34.58 44.52	350m: 5:07.16 46.50	
	100m: 1:20.80 43.34	200m: 2:50.06 44.90	300m: 4:20.66 46.08	400m: 5:54.43 47.27	

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 4, ženy, 400m vo ný spôsob

13 - 14 ro .

1.	Zahradníková Sophie	98	PO Ružomberok	<b>4:41.36</b>	582
	50m: 31.89 31.89	150m: 1:43.68	35.94 250m: 2:55.02	35.72 350m: 4:07.52	36.22
	100m: 1:07.74 35.85	200m: 2:19.30	35.62 300m: 3:31.30	36.28 400m: 4:41.36	33.84
2.	Mižúrová Patrícia	99	PK Martin	<b>5:02.08</b>	470
	50m: 32.06 32.06	150m: 1:46.38	38.03 250m: 3:04.98	39.18 350m: 4:23.69	39.75
	100m: 1:08.35 36.29	200m: 2:25.80	39.42 300m: 3:43.94	38.96 400m: 5:02.08	38.39
3.	Dobro ová So a	99	Nereus Žilina	<b>5:08.17</b>	442
	50m: 33.22 33.22	150m: 1:49.28	38.72 250m: 3:08.06	40.04 350m: 4:28.94	40.28
	100m: 1:10.56 37.34	200m: 2:28.02	38.74 300m: 3:48.66	40.60 400m: 5:08.17	39.23
4.	Rusková Marianna	99	PO Ružomberok	<b>5:11.90</b>	427
	50m: 34.92 34.92	150m: 1:53.32	39.58 250m: 3:13.06	40.12 350m: 4:34.16	40.76
	100m: 1:13.74 38.82	200m: 2:32.94	39.62 300m: 3:53.40	40.34 400m: 5:11.90	37.74
5.	Perinajová Barbora	98	PK Martin	<b>5:14.01</b>	418
	50m: 34.48 34.48	150m: 1:50.69	38.96 250m: 3:11.67	40.36 350m: 4:33.98	41.41
	100m: 1:11.73 37.25	200m: 2:31.31	40.62 300m: 3:52.57	40.90 400m: 5:14.01	40.03
6.	Lietavová Veronika	98	PK Martin	<b>5:18.68</b>	400
	50m: 34.46 34.46	150m: 1:53.04	40.26 250m: 3:16.01	41.64 350m: 4:39.43	41.48
	100m: 1:12.78 38.32	200m: 2:34.37	41.33 300m: 3:57.95	41.94 400m: 5:18.68	39.25
7.	Matulová Natália	98	PK Martin	<b>5:26.01</b>	374
	50m: 36.38 36.38	150m: 1:58.75	40.63 250m: 3:22.38	40.82 350m: 4:45.04	41.42
	100m: 1:18.12 41.74	200m: 2:41.56	42.81 300m: 4:03.62	41.24 400m: 5:26.01	40.97
8.	Klimantová Michaela	99	PK Martin	<b>5:42.59</b>	322
	50m: 36.86 36.86	150m: 2:03.66	44.50 250m: 3:32.57	43.95 350m: 5:01.59	44.33
	100m: 1:19.16 42.30	200m: 2:48.62	44.96 300m: 4:17.26	44.69 400m: 5:42.59	41.00
9.	Lilge Laura	98	PK Martin	<b>6:12.11</b>	251
	50m: 40.03 40.03	150m: 2:14.10	47.93 250m: 3:50.61	48.03 350m: 5:27.25	48.46
	100m: 1:26.17 46.14	200m: 3:02.58	48.48 300m: 4:38.79	48.18 400m: 6:12.11	44.86
10.	Jackulíková Pavla	99	MPK Dolný Kubín	<b>6:18.94</b>	238
	50m: 40.19 40.19	150m: 2:16.01	48.70 250m: 3:53.33	49.19 350m: 5:31.74	49.14
	100m: 1:27.31 47.12	200m: 3:04.14	48.13 300m: 4:42.60	49.27 400m: 6:18.94	47.20

11 - 12 ro .

1.	Benková Laura	00	Nereus Žilina	<b>5:03.68</b>	462
	50m: 32.88 32.88	150m: 1:47.81	38.35 250m: 3:05.54	39.11 350m: 4:25.13	39.60
	100m: 1:09.46 36.58	200m: 2:26.43	38.62 300m: 3:45.53	39.99 400m: 5:03.68	38.55
2.	Žideková Lucia	00	PK Martin	<b>5:22.76</b>	385
	50m: 37.11 37.11	150m: 2:01.20	41.36 250m: 3:22.95	40.31 350m: 4:43.87	40.05
	100m: 1:19.84 42.73	200m: 2:42.64	41.44 300m: 4:03.82	40.87 400m: 5:22.76	38.89
3.	Macháľková Petra	00	PK Martin	<b>5:29.59</b>	362
	50m: 36.71 36.71	150m: 1:59.71	41.73 250m: 3:23.60	42.02 350m: 4:49.28	42.94
	100m: 1:17.98 41.27	200m: 2:41.58	41.87 300m: 4:06.34	42.74 400m: 5:29.59	40.31
4.	Záborská Miroslava	01	PK Martin	<b>5:37.63</b>	336
	50m: 38.47 38.47	150m: 2:03.51	42.98 250m: 3:31.11	43.86 350m: 4:57.72	42.83
	100m: 1:20.53 42.06	200m: 2:47.25	43.74 300m: 4:14.89	43.78 400m: 5:37.63	39.91
5.	Pekelská Viktória	00	PK Martin	<b>5:38.73</b>	333
	50m: 37.15 37.15	150m: 2:01.65	42.52 250m: 3:27.24	43.22 350m: 4:55.91	44.00
	100m: 1:19.13 41.98	200m: 2:44.02	42.37 300m: 4:11.91	44.67 400m: 5:38.73	42.82
6.	Balogová Nina	00	Nereus Žilina	<b>5:44.00</b>	318
	50m: 38.12 38.12	150m: 2:05.75	44.35 250m: 3:35.24	44.77 350m: 5:04.65	44.51
	100m: 1:21.40 43.28	200m: 2:50.47	44.72 300m: 4:20.14	44.90 400m: 5:44.00	39.35
7.	Loncková Zuzana	01	Nereus Žilina	<b>5:46.51</b>	311
	50m: 37.47 37.47	150m: 2:04.72	44.56 250m: 3:34.76	45.04 350m: 5:04.52	44.76
	100m: 1:20.16 42.69	200m: 2:49.72	45.00 300m: 4:19.76	45.00 400m: 5:46.51	41.99

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 4, žia ky, 400m vo ný spôsob, 11 - 12 ro .

por.			Ro .					as	body			
8.	Brišková Viktória		00	Nereus Žilina				<b>6:01.59</b>	274			
	50m:	37.70	37.70	150m:	2:06.81	45.76	250m:	3:41.86	47.51	350m:	5:17.54	47.88
	100m:	1:21.05	43.35	200m:	2:54.35	47.54	300m:	4:29.66	47.80	400m:	6:01.59	44.05
9.	Fedorová Alžbeta		00	MPK Dolný Kubín				<b>6:10.86</b>	254			
	50m:	40.99	40.99	150m:	2:15.12	47.59	250m:	3:52.43	48.58	350m:	5:29.58	48.68
	100m:	1:27.53	46.54	200m:	3:03.85	48.73	300m:	4:40.90	48.47	400m:	6:10.86	41.28
10.	Luká ová So a		00	Nereus Žilina				<b>6:46.34</b>	193			
	50m:	41.83	41.83	150m:	2:20.38	50.48	250m:	4:06.23	53.28	350m:	5:53.76	54.01
	100m:	1:29.90	48.07	200m:	3:12.95	52.57	300m:	4:59.75	53.52	400m:	6:46.34	52.58
11.	Kecerová Dorotka		01	MPK Dolný Kubín				<b>6:55.99</b>	180			
	50m:	45.89	45.89	150m:	2:31.95	54.08	250m:	4:19.96	53.51	350m:	6:07.82	53.80
	100m:	1:37.87	51.98	200m:	3:26.45	54.50	300m:	5:14.02	54.06	400m:	6:55.99	48.17
12.	Riš ovská Michaela		01	Delfín Žiar nad Hronom				<b>6:56.20</b>	179			
	50m:	43.72	43.72	150m:	2:26.75	52.71	250m:	4:15.67	54.68	350m:	6:06.30	55.94
	100m:	1:34.04	50.32	200m:	3:20.99	54.24	300m:	5:10.36	54.69	400m:	6:56.20	49.90

disciplína 5  
20.10.12

muži, 1500m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.			Ro .					as	body			
15 ro . a st.												
1.	Podhorský Samuel		96	PK Martin				<b>17:40.75</b>	514			
	50m:	30.32	30.32	450m:	5:11.11	35.52	850m:	9:54.99	35.21	1250m:	14:43.13	35.90
	100m:	1:04.47	34.15	500m:	5:46.47	35.36	900m:	10:31.10	36.11	1300m:	15:19.00	35.87
	150m:	1:39.20	34.73	550m:	6:21.41	34.94	950m:	11:07.70	36.60	1350m:	15:54.69	35.69
	200m:	2:14.23	35.03	600m:	6:57.21	35.80	1000m:	11:43.86	36.16	1400m:	16:30.57	35.88
	250m:	2:49.32	35.09	650m:	7:32.57	35.36	1050m:	12:19.95	36.09	1450m:	17:07.23	36.66
	300m:	3:24.56	35.24	700m:	8:07.88	35.31	1100m:	12:55.98	36.03	1500m:	17:40.75	33.52
	350m:	4:00.07	35.51	750m:	8:44.01	36.13	1150m:	13:32.06	36.08			
	400m:	4:35.59	35.52	800m:	9:19.78	35.77	1200m:	14:07.23	35.17			
2.	Gašparovi Filip		94	Nereus Žilina				<b>17:53.49</b>	496			
	50m:	30.19	30.19	450m:	5:11.12	34.97	850m:	10:02.63	36.56	1250m:	14:54.12	36.64
	100m:	1:04.35	34.16	500m:	5:48.61	37.49	900m:	10:38.74	36.11	1300m:	15:31.23	37.11
	150m:	1:39.52	35.17	550m:	6:24.44	35.83	950m:	11:15.18	36.44	1350m:	16:08.68	37.45
	200m:	2:14.22	34.70	600m:	7:00.22	35.78	1000m:	11:51.21	36.03	1400m:	16:43.74	35.06
	250m:	2:49.97	35.75	650m:	7:36.72	36.50	1050m:	12:27.40	36.19	1450m:	17:19.50	35.76
	300m:	3:25.20	35.23	700m:	8:13.22	36.50	1100m:	13:03.94	36.54	1500m:	17:53.49	33.99
	350m:	4:00.95	35.75	750m:	8:49.62	36.40	1150m:	13:40.22	36.28			
	400m:	4:36.15	35.20	800m:	9:26.07	36.45	1200m:	14:17.48	37.26			
3.	Jantoš Roman		97	PO Ružomberok				<b>18:19.86</b>	461			
	50m:	32.22	32.22	450m:	5:28.38	37.35	850m:	10:20.94	36.17	1250m:	15:14.64	37.69
	100m:	1:08.46	36.24	500m:	6:06.00	37.62	900m:	10:56.87	35.93	1300m:	15:52.43	37.79
	150m:	1:45.27	36.81	550m:	6:42.62	36.62	950m:	11:32.75	35.88	1350m:	16:30.16	37.73
	200m:	2:22.02	36.75	600m:	7:19.78	37.16	1000m:	12:09.34	36.59	1400m:	17:07.48	37.32
	250m:	2:59.00	36.98	650m:	7:56.56	36.78	1050m:	12:45.90	36.56	1450m:	17:44.91	37.43
	300m:	3:35.81	36.81	700m:	8:32.43	35.87	1100m:	13:22.68	36.78	1500m:	18:19.86	34.95
	350m:	4:14.09	38.28	750m:	9:08.81	36.38	1150m:	13:59.67	36.99			
	400m:	4:51.03	36.94	800m:	9:44.77	35.96	1200m:	14:36.95	37.28			
4.	Hruškovic Martin		96	Nereus Žilina				<b>18:38.39</b>	439			
	50m:	30.35	30.35	450m:	5:21.08	37.22	850m:	10:19.76	37.56	1250m:	15:24.09	38.92
	100m:	1:04.70	34.35	500m:	5:58.52	37.44	900m:	10:57.34	37.58	1300m:	16:03.98	39.89
	150m:	1:40.37	35.67	550m:	6:35.95	37.43	950m:	11:34.62	37.28	1350m:	16:42.36	38.38
	200m:	2:16.57	36.20	600m:	7:13.45	37.50	1000m:	12:11.63	37.01	1400m:	17:20.98	38.62
	250m:	2:53.03	36.46	650m:	7:50.62	37.17	1050m:	12:49.41	37.78	1450m:	17:59.73	38.75
	300m:	3:30.47	37.44	700m:	8:27.81	37.19	1100m:	13:28.16	38.75	1500m:	18:38.39	38.66
	350m:	4:06.88	36.41	750m:	9:05.20	37.39	1150m:	14:06.87	38.71			
	400m:	4:43.86	36.98	800m:	9:42.20	37.00	1200m:	14:45.17	38.30			

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 5, muži, 1500m vo ný spôsob, 15 ro . a st.

por.			Ro .					as	body			
5.	Dube	Branislav	97	Nereus Žilina				<b>20:01.63</b>	354			
	50m:	33.17	33.17	450m:	5:47.02	40.87	850m:	11:10.47	40.72	1250m:	16:37.89	40.95
	100m:	1:10.56	37.39	500m:	6:27.08	40.06	900m:	11:51.41	40.94	1300m:	17:18.89	41.00
	150m:	1:48.91	38.35	550m:	7:07.58	40.50	950m:	12:32.40	40.99	1350m:	18:00.52	41.63
	200m:	2:27.72	38.81	600m:	7:47.94	40.36	1000m:	13:13.04	40.64	1400m:	18:41.31	40.79
	250m:	3:06.47	38.75	650m:	8:28.05	40.11	1050m:	13:53.22	40.18	1450m:	19:22.09	40.78
	300m:	3:46.44	39.97	700m:	9:08.91	40.86	1100m:	14:34.60	41.38	1500m:	20:01.63	39.54
	350m:	4:26.24	39.80	750m:	9:49.36	40.45	1150m:	15:15.40	40.80			
	400m:	5:06.15	39.91	800m:	10:29.75	40.39	1200m:	15:56.94	41.54			

13 - 14 ro .

1.	Gordík	Jakub	98	PK Martin				<b>18:12.28</b>	471			
	50m:	33.30	33.30	450m:	5:23.05	35.96	850m:	10:16.58	37.24	1250m:	15:12.04	37.36
	100m:	1:09.52	36.22	500m:	5:59.66	36.61	900m:	10:53.64	37.06	1300m:	15:48.31	36.27
	150m:	1:45.25	35.73	550m:	6:35.34	35.68	950m:	11:30.99	37.35	1350m:	16:25.14	36.83
	200m:	2:21.06	35.81	600m:	7:11.55	36.21	1000m:	12:06.99	36.00	1400m:	17:03.17	38.03
	250m:	2:57.68	36.62	650m:	7:48.44	36.89	1050m:	12:43.84	36.85	1450m:	17:39.69	36.52
	300m:	3:34.18	36.50	700m:	8:26.04	37.60	1100m:	13:21.09	37.25	1500m:	18:12.28	32.59
	350m:	4:10.17	35.99	750m:	9:02.56	36.52	1150m:	13:57.82	36.73			
	400m:	4:47.09	36.92	800m:	9:39.34	36.78	1200m:	14:34.68	36.86			
2.	Bábús	Benjámín	99	PK Banská Štiavnica				<b>18:19.25</b>	462			
	50m:	32.70	32.70	450m:	5:28.67	37.14	850m:	10:24.17	36.75	1250m:	15:18.59	36.87
	100m:	1:08.70	36.00	500m:	6:06.36	37.69	900m:	11:01.39	37.22	1300m:	15:55.38	36.79
	150m:	1:45.60	36.90	550m:	6:43.01	36.65	950m:	11:38.07	36.68	1350m:	16:31.80	36.42
	200m:	2:22.45	36.85	600m:	7:20.17	37.16	1000m:	12:15.15	37.08	1400m:	17:08.50	36.70
	250m:	2:58.94	36.49	650m:	7:57.17	37.00	1050m:	12:51.82	36.67	1450m:	17:45.11	36.61
	300m:	3:36.70	37.76	700m:	8:33.86	36.69	1100m:	13:28.85	37.03	1500m:	18:19.25	34.14
	350m:	4:14.20	37.50	750m:	9:10.59	36.73	1150m:	14:05.24	36.39			
	400m:	4:51.53	37.33	800m:	9:47.42	36.83	1200m:	14:41.72	36.48			
3.	ernek	Adam	99	PK Martin				<b>18:57.50</b>	417			
	50m:	34.18	34.18	450m:	5:38.60	38.40	850m:	10:43.20	38.58	1250m:	15:47.75	38.64
	100m:	1:12.20	38.02	500m:	6:16.91	38.31	900m:	11:21.26	38.06	1300m:	16:26.22	38.47
	150m:	1:50.61	38.41	550m:	6:54.32	37.41	950m:	11:58.69	37.43	1350m:	17:04.17	37.95
	200m:	2:29.23	38.62	600m:	7:35.35	41.03	1000m:	12:36.93	38.24	1400m:	17:42.15	37.98
	250m:	3:06.30	37.07	650m:	8:10.36	35.01	1050m:	13:14.94	38.01	1450m:	18:21.41	39.26
	300m:	3:43.91	37.61	700m:	8:48.62	38.26	1100m:	13:52.86	37.92	1500m:	18:57.50	36.09
	350m:	4:21.73	37.82	750m:	9:26.27	37.65	1150m:	14:30.87	38.01			
	400m:	5:00.20	38.47	800m:	10:04.62	38.35	1200m:	15:09.11	38.24			
4.	Fojtík	Matej	99	PK Martin				<b>20:11.61</b>	345			
	50m:	34.58	34.58	450m:	6:00.27	41.37	850m:	11:29.66	41.58	1250m:	16:55.66	41.19
	100m:	1:13.54	38.96	500m:	6:41.60	41.33	900m:	12:10.36	40.70	1300m:	17:36.24	40.58
	150m:	1:53.64	40.10	550m:	7:22.71	41.11	950m:	12:50.91	40.55	1350m:	18:16.03	39.79
	200m:	2:34.46	40.82	600m:	8:03.50	40.79	1000m:	13:31.36	40.45	1400m:	18:55.68	39.65
	250m:	3:15.51	41.05	650m:	8:44.40	40.90	1050m:	14:12.11	40.75	1450m:	19:34.55	38.87
	300m:	3:56.42	40.91	700m:	9:25.38	40.98	1100m:	14:52.53	40.42	1500m:	20:11.61	37.06
	350m:	4:37.88	41.46	750m:	10:06.62	41.24	1150m:	15:33.49	40.96			
	400m:	5:18.90	41.02	800m:	10:48.08	41.46	1200m:	16:14.47	40.98			
5.	Tomašec	Michal	99	Nereus Žilina				<b>21:16.28</b>	295			
	50m:	39.13	39.13	450m:	6:26.09	43.81	850m:	12:07.00	42.83	1250m:	17:48.59	42.37
	100m:	1:21.19	42.06	500m:	7:05.88	39.79	900m:	12:50.61	43.61	1300m:	18:31.45	42.86
	150m:	2:04.98	43.79	550m:	7:52.54	46.66	950m:	13:33.01	42.40	1350m:	19:14.01	42.56
	200m:	2:47.57	42.59	600m:	8:35.58	43.04	1000m:	14:15.44	42.43	1400m:	19:54.94	40.93
	250m:	3:31.06	43.49	650m:	9:17.68	42.10	1050m:	14:58.61	43.17	1450m:	20:37.49	42.55
	300m:	4:15.26	44.20	700m:	9:59.62	41.94	1100m:	15:41.15	42.54	1500m:	21:16.28	38.79
	350m:	4:59.54	44.28	750m:	10:41.81	42.19	1150m:	16:23.47	42.32			
	400m:	5:42.28	42.74	800m:	11:24.17	42.36	1200m:	17:06.22	42.75			

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 5, žiaci, 1500m vo ný spôsob, 13 - 14 ro .

por.			Ro .					as	body			
6.	Kužma Jakub		99	Nereus Žilina				<b>21:22.96</b>	290			
	50m:	38.80	38.80	450m:	6:24.66	43.46	850m:	12:10.11	43.57	1250m:	17:53.19	43.22
	100m:	1:21.13	42.33	500m:	7:07.15	42.49	900m:	12:53.10	42.99	1300m:	18:35.12	41.93
	150m:	2:03.46	42.33	550m:	7:51.39	44.24	950m:	13:35.30	42.20	1350m:	19:17.66	42.54
	200m:	2:47.14	43.68	600m:	8:34.78	43.39	1000m:	14:17.96	42.66	1400m:	20:00.14	42.48
	250m:	3:29.79	42.65	650m:	9:17.39	42.61	1050m:	15:01.17	43.21	1450m:	20:44.09	43.95
	300m:	4:13.94	44.15	700m:	10:00.98	43.59	1100m:	15:42.30	41.13	1500m:	21:22.96	38.87
	350m:	4:58.07	44.13	750m:	10:43.72	42.74	1150m:	16:27.07	44.77			
	400m:	5:41.20	43.13	800m:	11:26.54	42.82	1200m:	17:09.97	42.90			
7.	Melicher Sebastian		99	Nereus Žilina				<b>22:09.45</b>	261			
	50m:	39.16	39.16	450m:	6:32.22	43.61	850m:	12:30.95	44.90	1250m:	18:33.91	44.34
	100m:	1:22.26	43.10	500m:	7:16.57	44.35	900m:	13:16.39	45.44	1300m:	19:18.73	44.82
	150m:	2:05.70	43.44	550m:	8:00.73	44.16	950m:	14:01.61	45.22	1350m:	20:03.39	44.66
	200m:	2:50.48	44.78	600m:	8:45.73	45.00	1000m:	14:47.39	45.78	1400m:	20:47.80	44.41
	250m:	3:35.61	45.13	650m:	9:30.57	44.84	1050m:	15:32.20	44.81	1450m:	21:31.09	43.29
	300m:	4:20.41	44.80	700m:	10:15.26	44.69	1100m:	16:18.16	45.96	1500m:	22:09.45	38.36
	350m:	5:05.30	44.89	750m:	11:00.82	45.56	1150m:	17:03.48	45.32			
	400m:	5:48.61	43.31	800m:	11:46.05	45.23	1200m:	17:49.57	46.09			
8.	Orság Dalibor		98	PK Banská Štiavnica				<b>22:36.95</b>	245			
	50m:	34.30	34.30	450m:	6:31.80	46.11	850m:	12:50.38	46.75	1250m:	18:53.13	44.06
	100m:	1:15.42	41.12	500m:	7:17.86	46.06	900m:	13:35.90	45.52	1300m:	19:38.67	45.54
	150m:	1:58.20	42.78	550m:	8:05.99	48.13	950m:	14:23.26	47.36	1350m:	20:24.61	45.94
	200m:	2:42.66	44.46	600m:	8:53.63	47.64	1000m:	15:07.20	43.94	1400m:	21:08.41	43.80
	250m:	3:27.30	44.64	650m:	9:41.98	48.35	1050m:	15:51.88	44.68	1450m:	21:53.83	45.42
	300m:	4:13.23	45.93	700m:	10:29.94	47.96	1100m:	16:38.28	46.40	1500m:	22:36.95	43.12
	350m:	4:59.40	46.17	750m:	11:15.90	45.96	1150m:	17:21.64	43.36			
	400m:	5:45.69	46.29	800m:	12:03.63	47.73	1200m:	18:09.07	47.43			
9.	Súkeník Adam		99	Nereus Žilina				<b>22:44.13</b>	242			
	50m:	40.60	40.60	450m:	6:48.46	46.87	850m:	12:55.97	45.55	1250m:	19:00.00	44.14
	100m:	1:25.31	44.71	500m:	7:34.72	46.26	900m:	13:42.09	46.12	1300m:	19:46.71	46.71
	150m:	2:10.69	45.38	550m:	8:20.43	45.71	950m:	14:24.28	42.19	1350m:	20:32.94	46.23
	200m:	2:56.12	45.43	600m:	9:07.24	46.81	1000m:	15:11.24	46.96	1400m:	21:18.47	45.53
	250m:	3:41.60	45.48	650m:	9:52.55	45.31	1050m:	15:58.38	47.14	1450m:	22:05.03	46.56
	300m:	4:30.51	48.91	700m:	10:37.64	45.09	1100m:	16:44.62	46.24	1500m:	22:44.13	39.10
	350m:	5:14.43	43.92	750m:	11:24.57	46.93	1150m:	17:29.60	44.98			
	400m:	6:01.59	47.16	800m:	12:10.42	45.85	1200m:	18:15.86	46.26			
10.	Žerjava Marek		99	Nereus Žilina				<b>23:06.49</b>	230			
	50m:	41.70	41.70	450m:	6:55.78	47.31	850m:	13:10.96	45.52	1250m:	19:24.11	45.82
	100m:	1:26.88	45.18	500m:	7:43.69	47.91	900m:	13:57.94	46.98	1300m:	20:09.83	45.72
	150m:	2:12.86	45.98	550m:	8:31.33	47.64	950m:	14:43.22	45.28	1350m:	20:55.80	45.97
	200m:	2:59.15	46.29	600m:	9:18.17	46.84	1000m:	15:30.04	46.82	1400m:	21:41.12	45.32
	250m:	3:45.55	46.40	650m:	10:05.84	47.67	1050m:	16:18.06	48.02	1450m:	22:25.46	44.34
	300m:	4:33.42	47.87	700m:	10:52.51	46.67	1100m:	17:04.73	46.67	1500m:	23:06.49	41.03
	350m:	5:21.31	47.89	750m:	11:38.97	46.46	1150m:	17:51.40	46.67			
	400m:	6:08.47	47.16	800m:	12:25.44	46.47	1200m:	18:38.29	46.89			
11 - 12 ro .												
1.	Hrabovský Adam		00	PK Martin				<b>19:30.74</b>	382			
	50m:	34.67	34.67	450m:	5:51.86	40.50	850m:	11:07.11	38.69	1250m:	16:19.62	38.50
	100m:	1:13.21	38.54	500m:	6:30.81	38.95	900m:	11:45.99	38.88	1300m:	16:58.28	38.66
	150m:	1:52.79	39.58	550m:	7:10.90	40.09	950m:	12:25.20	39.21	1350m:	17:36.99	38.71
	200m:	2:32.87	40.08	600m:	7:50.85	39.95	1000m:	13:04.37	39.17	1400m:	18:15.76	38.77
	250m:	3:12.08	39.21	650m:	8:30.00	39.15	1050m:	13:43.87	39.50	1450m:	18:53.51	37.75
	300m:	3:52.15	40.07	700m:	9:09.04	39.04	1100m:	14:22.84	38.97	1500m:	19:30.74	37.23
	350m:	4:31.42	39.27	750m:	9:48.72	39.68	1150m:	15:02.12	39.28			
	400m:	5:11.36	39.94	800m:	10:28.42	39.70	1200m:	15:41.12	39.00			

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 5, žiaci, 1500m vo ný spôsob, 11 - 12 ro .

por.			Ro .			as	body	
2.	Kraus Martin		00	PK Martin		<b>22:19.91</b>	255	
	50m: 38.39	38.39	450m: 6:32.76	44.46	850m: 12:35.11	45.30	1250m: 18:38.11	46.01
	100m: 1:21.62	43.23	500m: 7:18.22	45.46	900m: 13:19.85	44.74	1300m: 19:23.62	45.51
	150m: 2:05.03	43.41	550m: 8:04.16	45.94	950m: 14:05.75	45.90	1350m: 20:08.84	45.22
	200m: 2:48.87	43.84	600m: 8:50.06	45.90	1000m: 14:50.90	45.15	1400m: 20:53.79	44.95
	250m: 3:33.38	44.51	650m: 9:36.09	46.03	1050m: 15:36.46	45.56	1450m: 21:38.32	44.53
	300m: 4:17.81	44.43	700m: 10:21.03	44.94	1100m: 16:21.51	45.05	1500m: 22:19.91	41.59
	350m: 5:02.88	45.07	750m: 11:06.17	45.14	1150m: 17:07.14	45.63		
	400m: 5:48.30	45.42	800m: 11:49.81	43.64	1200m: 17:52.10	44.96		
3.	Daru a Tomáš		00	PK Martin		<b>23:41.36</b>	213	
	50m: 41.15	41.15	450m: 6:59.50	49.06	850m: 13:21.91	48.47	1250m: 19:48.14	48.40
	100m: 1:25.79	44.64	500m: 7:47.22	47.72	900m: 14:10.97	49.06	1300m: 20:35.55	47.41
	150m: 2:12.39	46.60	550m: 8:33.52	46.30	950m: 14:58.34	47.37	1350m: 21:22.94	47.39
	200m: 2:59.09	46.70	600m: 9:21.72	48.20	1000m: 15:46.10	47.76	1400m: 22:09.16	46.22
	250m: 3:47.87	48.78	650m: 10:10.14	48.42	1050m: 16:34.10	48.00	1450m: 22:56.53	47.37
	300m: 4:35.91	48.04	700m: 10:57.76	47.62	1100m: 17:22.25	48.15	1500m: 23:41.36	44.83
	350m: 5:22.68	46.77	750m: 11:45.59	47.83	1150m: 18:11.14	48.89		
	400m: 6:10.44	47.76	800m: 12:33.44	47.85	1200m: 18:59.74	48.60		

disciplína 6  
20.10.12

ženy, 1500m vo ný spôsob

13 ro . a st.  
Výsledky

bodovanie: FINA 2011

por.			Ro .			as	body	
15 ro . a st.								
1.	epelová Lucia		96	Nereus Žilina		<b>19:06.28</b>	531	
	50m: 33.51	33.51	450m: 5:35.19	38.21	850m: 10:44.04	39.02	1250m: 15:54.96	39.17
	100m: 1:10.69	37.18	500m: 6:14.10	38.91	900m: 11:22.74	38.70	1300m: 16:33.78	38.82
	150m: 1:48.49	37.80	550m: 6:52.24	38.14	950m: 12:01.85	39.11	1350m: 17:12.87	39.09
	200m: 2:26.35	37.86	600m: 7:30.41	38.17	1000m: 12:40.35	38.50	1400m: 17:52.24	39.37
	250m: 3:04.28	37.93	650m: 8:08.90	38.49	1050m: 13:19.13	38.78	1450m: 18:30.07	37.83
	300m: 3:41.54	37.26	700m: 8:47.46	38.56	1100m: 13:57.94	38.81	1500m: 19:06.28	36.21
	350m: 4:19.07	37.53	750m: 9:26.62	39.16	1150m: 14:36.60	38.66		
	400m: 4:56.98	37.91	800m: 10:05.02	38.40	1200m: 15:15.79	39.19		
2.	Rizmanová Rebeka		95	PK Martin		<b>19:21.07</b>	511	
	50m: 33.70	33.70	450m: 5:43.61	39.20	850m: 10:56.36	39.19	1250m: 16:09.26	39.11
	100m: 1:11.39	37.69	500m: 6:22.93	39.32	900m: 11:35.30	38.94	1300m: 16:48.86	39.60
	150m: 1:49.25	37.86	550m: 7:02.07	39.14	950m: 12:14.61	39.31	1350m: 17:27.79	38.93
	200m: 2:27.74	38.49	600m: 7:40.98	38.91	1000m: 12:53.45	38.84	1400m: 18:06.77	38.98
	250m: 3:06.64	38.90	650m: 8:20.45	39.47	1050m: 13:32.50	39.05	1450m: 18:45.53	38.76
	300m: 3:45.85	39.21	700m: 8:59.45	39.00	1100m: 14:11.78	39.28	1500m: 19:21.07	35.54
	350m: 4:25.33	39.48	750m: 9:38.45	39.00	1150m: 14:50.56	38.78		
	400m: 5:04.41	39.08	800m: 10:17.17	38.72	1200m: 15:30.15	39.59		

13 - 14 ro .

1.	Mižúrová Patrícia		99	PK Martin		<b>19:13.61</b>	521	
	50m: 32.48	32.48	450m: 5:35.71	38.59	850m: 10:45.95	40.94	1250m: 15:59.68	39.89
	100m: 1:09.45	36.97	500m: 6:14.22	38.51	900m: 11:23.26	37.31	1300m: 16:39.36	39.68
	150m: 1:46.48	37.03	550m: 6:52.88	38.66	950m: 12:02.44	39.18	1350m: 17:19.08	39.72
	200m: 2:24.49	38.01	600m: 7:31.41	38.53	1000m: 12:42.20	39.76	1400m: 17:59.13	40.05
	250m: 3:02.52	38.03	650m: 8:10.88	39.47	1050m: 13:21.21	39.01	1450m: 18:38.38	39.25
	300m: 3:40.48	37.96	700m: 8:49.11	38.23	1100m: 14:01.18	39.97	1500m: 19:13.61	35.23
	350m: 4:18.62	38.14	750m: 9:26.11	37.00	1150m: 14:40.12	38.94		
	400m: 4:57.12	38.50	800m: 10:05.01	38.90	1200m: 15:19.79	39.67		

Jesenné Majstrovstvá stredoslovenskej oblasti - dlhé trate  
Banská Štiavnica, 20.10.2012

disciplína 6, žia ky, 1500m vo ný spôsob, 13 - 14 ro .

por.			Ro .			as	body	
2.	Zahradníková Sophie		98	PO Ružomberok		<b>19:15.96</b>	518	
	50m:	34.69 34.69	450m:	5:43.82 39.02	850m:	10:54.94 39.18	1250m:	16:07.40 38.60
	100m:	1:13.01 38.32	500m:	6:22.47 38.65	900m:	11:34.23 39.29	1300m:	16:46.38 38.98
	150m:	1:51.26 38.25	550m:	7:01.46 38.99	950m:	12:12.93 38.70	1350m:	17:24.65 38.27
	200m:	2:29.87 38.61	600m:	7:40.33 38.87	1000m:	12:52.41 39.48	1400m:	18:02.62 37.97
	250m:	3:08.09 38.22	650m:	8:18.76 38.43	1050m:	13:30.91 38.50	1450m:	18:40.86 38.24
	300m:	3:46.84 38.75	700m:	8:57.87 39.11	1100m:	14:10.04 39.13	1500m:	19:15.96 35.10
	350m:	4:25.38 38.54	750m:	9:36.89 39.02	1150m:	14:49.38 39.34		
	400m:	5:04.80 39.42	800m:	10:15.76 38.87	1200m:	15:28.80 39.42		
3.	Perinajová Barbora		98	PK Martin		<b>20:26.31</b>	434	
	50m:	36.05 36.05	450m:	6:00.02 40.92	850m:	11:27.62 40.85	1250m:	16:58.68 41.57
	100m:	1:14.83 38.78	500m:	6:40.82 40.80	900m:	12:09.50 41.88	1300m:	17:41.07 42.39
	150m:	1:54.52 39.69	550m:	7:21.49 40.67	950m:	12:51.26 41.76	1350m:	18:23.48 42.41
	200m:	2:35.21 40.69	600m:	8:01.81 40.32	1000m:	13:32.61 41.35	1400m:	19:04.85 41.37
	250m:	3:15.51 40.30	650m:	8:43.51 41.70	1050m:	14:12.81 40.20	1450m:	19:46.59 41.74
	300m:	3:56.90 41.39	700m:	9:24.83 41.32	1100m:	14:52.75 39.94	1500m:	20:26.31 39.72
	350m:	4:38.04 41.14	750m:	10:05.81 40.98	1150m:	15:34.24 41.49		
	400m:	5:19.10 41.06	800m:	10:46.77 40.96	1200m:	16:17.11 42.87		
4.	Lietavová Veronika		98	PK Martin		<b>20:51.31</b>	408	
	50m:	34.77 34.77	450m:	6:02.21 41.88	850m:	11:41.81 42.79	1250m:	17:21.34 42.80
	100m:	1:13.25 38.48	500m:	6:44.91 42.70	900m:	12:25.40 43.59	1300m:	18:03.05 41.71
	150m:	1:53.22 39.97	550m:	7:26.75 41.84	950m:	13:07.28 41.88	1350m:	18:45.58 42.53
	200m:	2:33.59 40.37	600m:	8:09.43 42.68	1000m:	13:49.58 42.30	1400m:	19:28.49 42.91
	250m:	3:15.04 41.45	650m:	8:51.77 42.34	1050m:	14:32.14 42.56	1450m:	20:10.17 41.68
	300m:	3:56.04 41.00	700m:	9:34.41 42.64	1100m:	15:14.24 42.10	1500m:	20:51.31 41.14
	350m:	4:37.99 41.95	750m:	10:16.72 42.31	1150m:	15:56.90 42.66		
	400m:	5:20.33 42.34	800m:	10:59.02 42.30	1200m:	16:38.54 41.64		
5.	Klimantová Michaela		99	PK Martin		<b>21:11.56</b>	389	
	50m:	36.25 36.25	450m:	6:16.27 42.85	850m:	11:57.54 42.82	1250m:	17:36.22 42.06
	100m:	1:17.66 41.41	500m:	6:58.92 42.65	900m:	12:39.42 41.88	1300m:	18:19.43 43.21
	150m:	2:00.40 42.74	550m:	7:41.67 42.75	950m:	13:21.40 41.98	1350m:	19:02.84 43.41
	200m:	2:42.53 42.13	600m:	8:24.14 42.47	1000m:	14:03.97 42.57	1400m:	19:46.46 43.62
	250m:	3:25.10 42.57	650m:	9:06.96 42.82	1050m:	14:46.22 42.25	1450m:	20:29.95 43.49
	300m:	4:07.81 42.71	700m:	9:49.72 42.76	1100m:	15:29.16 42.94	1500m:	21:11.56 41.61
	350m:	4:50.84 43.03	750m:	10:32.41 42.69	1150m:	16:11.45 42.29		
	400m:	5:33.42 42.58	800m:	11:14.72 42.31	1200m:	16:54.16 42.71		
6.	Matulová Natália		98	PK Martin		<b>21:13.81</b>	387	
	50m:	38.66 38.66	450m:	6:22.91 43.12	850m:	12:03.19 41.75	1250m:	17:44.60 42.86
	100m:	1:21.99 43.33	500m:	7:05.88 42.97	900m:	12:45.63 42.44	1300m:	18:27.75 43.15
	150m:	2:05.22 43.23	550m:	7:48.51 42.63	950m:	13:28.75 43.12	1350m:	19:10.02 42.27
	200m:	2:48.16 42.94	600m:	8:31.49 42.98	1000m:	14:11.02 42.27	1400m:	19:52.76 42.74
	250m:	3:31.85 43.69	650m:	9:13.91 42.42	1050m:	14:53.44 42.42	1450m:	20:34.52 41.76
	300m:	4:14.50 42.65	700m:	9:56.10 42.19	1100m:	15:36.04 42.60	1500m:	21:13.81 39.29
	350m:	4:56.81 42.31	750m:	10:38.53 42.43	1150m:	16:18.84 42.80		
	400m:	5:39.79 42.98	800m:	11:21.44 42.91	1200m:	17:01.74 42.90		
7.	Aneščíková Katarína		99	FLIPPER Brezno		<b>21:45.04</b>	360	
	50m:	36.32 36.32	450m:	6:19.13 43.85	850m:	12:11.82 43.47	1250m:	18:10.89 44.19
	100m:	1:18.01 41.69	500m:	7:02.55 43.42	900m:	12:56.09 44.27	1300m:	18:54.83 43.94
	150m:	2:00.67 42.66	550m:	7:46.08 43.53	950m:	13:41.39 45.30	1350m:	19:37.72 42.89
	200m:	2:43.10 42.43	600m:	8:30.84 44.76	1000m:	14:26.36 44.97	1400m:	20:21.57 43.85
	250m:	3:25.68 42.58	650m:	9:15.70 44.86	1050m:	15:11.31 44.95	1450m:	21:03.82 42.25
	300m:	4:08.84 43.16	700m:	9:59.35 43.65	1100m:	15:55.59 44.28	1500m:	21:45.04 41.22
	350m:	4:52.20 43.36	750m:	10:43.87 44.52	1150m:	16:41.09 45.50		
	400m:	5:35.28 43.08	800m:	11:28.35 44.48	1200m:	17:26.70 45.61		
8.	Valicová Simona		98	Nereus Žilina		<b>22:17.21</b>	334	
	50m:	35.31 35.31	450m:	6:00.15 41.23	850m:	12:02.37 47.23	1250m:	18:25.90 49.43
	100m:	1:13.75 38.44	500m:	6:40.50 40.35	900m:	12:50.28 47.91	1300m:	19:14.08 48.18
	150m:	1:54.06 40.31	550m:	7:22.47 41.97	950m:	13:38.31 48.03	1350m:	20:01.25 47.17
	200m:	2:34.22 40.16	600m:	8:07.18 44.71	1000m:	14:26.46 48.15	1400m:	20:47.37 46.12
	250m:	3:14.88 40.66	650m:	8:53.25 46.07	1050m:	15:12.06 45.60	1450m:	21:33.89 46.52
	300m:	3:56.11 41.23	700m:	9:41.22 47.97	1100m:	16:00.50 48.44	1500m:	22:17.21 43.32
	350m:	4:37.50 41.39	750m:	10:27.97 46.75	1150m:	16:48.15 47.65		
	400m:	5:18.92 41.42	800m:	11:15.14 47.17	1200m:	17:36.47 48.32		